



CIRCUS WORKSHOP



companyia
filigranes
PALLASSOS



The Filigranes Company was founded in 2004 by two clowns, but from 1996 onwards, Jordi Torrens (Trinxeta) and Albert Pérez (Makutu) have been together in scene.

The headquarters are located in Terrassa, at the premises of the circus association Tub d'Assaig 7'70, of which they are founders and active members. They also take part in the Clowns Art and Effect Association, and have been part of other groups of clowns, circus and street art: Alternatiu X, Sàtirs, Pallassos Perillassos, S3 De Riure, La Cremallera Teatre, Comediants, Pallassos sense Fronteres and Improvisto's Krusty Show.

They have acted in the Major Festivals of cities, towns and neighborhoods, theaters and festivals, have performed and co-created several circus riffles and accumulate a wide range of workshops and recreational and educational activities.



SYNOPSIS

CIRCUS WORKSHOP

Our passion for circus arises us to open its doors widely!

We want to share this passion with you and give you the chance to get in touch with it in a fun and educational way.

In this workshop you will be able to try various techniques and disciplines of the circus world.



WHAT WILL WE LEARN?

Learning the various circus disciplines helps to develop psychomotricity, coordination and discoordination, and mental agility. We will work with:

- Juggling: Practice with clubs, diabolos, sticks and Chinese dishes, balls...
- Balances: Ball of balance, monocycle, rollers, stilts and cable (funambulism)...

Following teacher's guidelines you will be able to experiment and choose the technique which with you're more encouraged.



TECHNICAL CARD

CIRCUS WORKSHOP

- It's recommended to carry out this workshop in a large outdoor space, with firm and flat floor. In case of doing it inside, a min. height of 3m is required.
- A point of light is necessary.
- We wearing comfortable clothes.
- The number of shopkeepers will depend on the volume of participants.



HEALTH AND CIRCUS!

ALBERT - 615 41 16 52 · JORDI - 620 27 25 20

www.ciafiligranes.net · ciafiligranes@gmail.com



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